

18. Fischerfestlauf - 05.08.2023

Zieleinlaufliste 10 km Stadtlauf



| Rang | Name | Verein/Team/*Ort | m/w | m/w P. Brutto | m/w P. Netto | AK | AK P. Brutto | AK P. Netto | Jg. | Zeit-B | Zeit-N | min/km | Startnr. |
|------------------------|-----------------------|---|-----|---------------|--------------|-----|--------------|-------------|------|--------|--------|--------|----------|
| 10 km Stadtlauf | | | | | | | | | | | | | |
| 1 | Wosene, Demeke | LG Rüsselsheim | m | 1 | 1 | M30 | 1 | 1 | 1990 | 34:28 | 34:28 | 3:26,7 | 401 |
| 2 | Kortemeyer, Timo | Läuferherz Darmstadt | m | 2 | 2 | M | 1 | 1 | 1998 | 35:38 | 35:38 | 3:33,7 | 336 |
| 3 | Rost, Jannis | Lanakila Runners | m | 3 | 3 | M30 | 2 | 2 | 1990 | 36:06 | 36:05 | 3:36,5 | 853 |
| 4 | Decker, Tobias | *Zwingenberg | m | 4 | 4 | M35 | 1 | 1 | 1986 | 36:20 | 36:19 | 3:37,8 | 789 |
| 5 | Hahn, Tobias | LSV Ladenburg | m | 5 | 5 | M45 | 1 | 1 | 1976 | 36:45 | 36:45 | 3:40,4 | 803 |
| 6 | Hartmüller, Christoph | TG Rüsselsheim | m | 6 | 6 | M35 | 2 | 2 | 1986 | 36:50 | 36:48 | 3:40,7 | 798 |
| 7 | Knebel, Pascal | DIE BRILLE Gernsheim H1 | m | 7 | 7 | M | 2 | 2 | 1995 | 37:35 | 37:34 | 3:45,3 | 311 |
| 8 | Todorov, Milko | BSG Merck | m | 8 | 8 | M35 | 3 | 3 | 1988 | 40:33 | 40:30 | 4:02,9 | 604 |
| 9 | Weimar, Marcel | LT Rheinhessen-Pfalz | m | 9 | 9 | M | 3 | 3 | 1995 | 40:34 | 40:34 | 4:03,3 | 398 |
| 10 | Euler, Tatjana | TV Dieburg | w | 1 | 1 | W | 1 | 1 | 1999 | 40:51 | 40:49 | 4:04,8 | 285 |
| 11 | Fischer, Jochen | *Nordheim | m | 10 | 10 | M50 | 1 | 1 | 1972 | 41:08 | 41:08 | 4:06,7 | 782 |
| 12 | Otto, Jan | *Gernsheim | m | 11 | 11 | M30 | 3 | 3 | 1992 | 42:23 | 42:23 | 4:14,2 | 362 |
| 13 | Rumbler, Ben | *Gernsheim | m | 12 | 12 | M | 4 | 4 | 2008 | 42:31 | 42:30 | 4:14,9 | 378 |
| 14 | Nau, Ronald | LG Horn Gebenstorf/CH | m | 13 | 13 | M60 | 1 | 1 | 1959 | 42:52 | 42:50 | 4:16,9 | 359 |
| 15 | Rumbler, Carsten | BSG Merck | m | 14 | 14 | M45 | 2 | 2 | 1977 | 43:01 | 43:00 | 4:17,9 | 379 |
| 16 | Raot, Stefan | *Seeheim-Jugendheim | m | 15 | 17 | M30 | 4 | 4 | 1990 | 43:03 | 43:02 | 4:18,1 | 639 |
| 17 | Geier, Jochen | Wenn's um Sport geht - Sparkasse Groß-Gerau | m | 16 | 15 | M55 | 1 | 1 | 1968 | 43:03 | 43:01 | 4:18,0 | 608 |
| 18 | Schumacher, Achim | LAZ Mosbach-Elztal | m | 17 | 18 | M60 | 2 | 2 | 1963 | 43:04 | 43:04 | 4:18,3 | 440 |
| 19 | Schaffner, Jens | LG BEC | m | 18 | 16 | M | 5 | 5 | 1995 | 43:05 | 43:02 | 4:18,1 | 380 |
| 20 | Jamin, Anna | TV Waldstraße Wiesbaden | w | 2 | 2 | W30 | 1 | 1 | 1989 | 43:09 | 43:08 | 4:18,7 | 592 |
| 21 | Ulrich, Veronika | TV Neu-Isenburg | w | 3 | 3 | W55 | 1 | 1 | 1968 | 43:16 | 43:16 | 4:19,5 | 444 |
| 22 | Rothe, Sina | DIE BRILLE Gernsheim D1 | w | 4 | 4 | W | 2 | 2 | 1995 | 43:23 | 43:23 | 4:20,2 | 303 |
| 23 | Hartmann, Thorsten | LaufLeben Running Crew e.V. | m | 19 | 19 | M40 | 1 | 1 | 1983 | 43:27 | 43:26 | 4:20,5 | 859 |
| 24 | Stephan, Mario | *Lampertheim | m | 20 | 20 | M55 | 2 | 2 | 1967 | 43:43 | 43:41 | 4:22,0 | 394 |
| 25 | Mück, Lennard | *Gernsheim | m | 21 | 21 | M | 6 | 6 | 2007 | 44:03 | 44:03 | 4:24,2 | 355 |
| 26 | van Ghemen, Teresa | *Schriesheim | w | 5 | 5 | W | 3 | 3 | 2002 | 44:04 | 44:03 | 4:24,2 | 808 |
| 27 | van Ghemen, Markus | *Schriesheim | m | 22 | 22 | M50 | 2 | 2 | 1970 | 44:05 | 44:03 | 4:24,2 | 811 |
| 28 | Kaufmann, Thomas | SC Güttersbach | m | 23 | 23 | M55 | 3 | 3 | 1965 | 44:14 | 44:11 | 4:25,0 | 331 |
| 29 | Herweck, Tim | DIE BRILLE Gernsheim H3 | m | 24 | 24 | M40 | 2 | 2 | 1981 | 44:26 | 44:20 | 4:25,9 | 316 |
| 30 | Hannemann, Matthias | DIE BRILLE Gernsheim H2 | m | 25 | 25 | M45 | 3 | 3 | 1976 | 44:26 | 44:24 | 4:26,3 | 313 |
| 31 | Urbanczyk, Daniel | TuS | m | 26 | 26 | M45 | 4 | 4 | 1978 | 44:34 | 44:32 | 4:27,1 | 397 |
| 32 | Schlachter, Dennis | DIE BRILLE Gernsheim H2 | m | 27 | 27 | M | 7 | 7 | 1995 | 45:01 | 44:59 | 4:29,8 | 314 |
| 33 | Winterstein, Elija | DIE BRILLE Gernsheim | m | 28 | 29 | M | 8 | 8 | 1996 | 45:02 | 45:01 | 4:30,0 | 322 |



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|------|----------------------|---|-----|---------------|--------------|-----|--------------|-------------|------|--------|--------|--------|----------|
| 34 | Rosenhagen, Achim | Body Culture | m | 29 | 28 | M40 | 3 | 3 | 1982 | 45:02 | 45:00 | 4:29,9 | 750 |
| 35 | Unholtz, Daniel | *Frankenthal | m | 30 | 30 | M40 | 4 | 4 | 1979 | 45:06 | 45:02 | 4:30,1 | 596 |
| 36 | Kreuz, Kristina | TV Waldstraße Wiesbaden | w | 6 | 6 | W35 | 1 | 1 | 1987 | 45:12 | 45:05 | 4:30,4 | 341 |
| 37 | Lenhardt, Marc | *Seeheim | m | 31 | 31 | M40 | 5 | 5 | 1982 | 45:21 | 45:18 | 4:31,7 | 862 |
| 38 | Ritz, Marcel | Prokopp | m | 32 | 33 | M30 | 5 | 5 | 1989 | 45:26 | 45:25 | 4:32,4 | 622 |
| 39 | Lang, Torsten | *Gimbsheim | m | 33 | 32 | M50 | 3 | 3 | 1970 | 45:26 | 45:25 | 4:32,4 | 346 |
| 40 | Prokopp, Sven | *Trier | m | 34 | 34 | M35 | 4 | 4 | 1988 | 45:28 | 45:26 | 4:32,5 | 366 |
| 41 | Diehl, Marvin | Feuerwehr Gernsheim | m | 35 | 35 | M | 9 | 9 | 1997 | 45:48 | 45:40 | 4:33,9 | 282 |
| 42 | Argentino, Marcello | Wenn's um Sport geht - Sparkasse Groß-Gerau | m | 36 | 36 | M45 | 5 | 5 | 1978 | 46:00 | 45:56 | 4:35,5 | 607 |
| 43 | Werner, Britta | TV Waldstraße Wiesbaden | w | 7 | 7 | W35 | 2 | 2 | 1984 | 46:05 | 45:57 | 4:35,6 | 593 |
| 44 | Hornig, Felix | SV Concordia Gernsheim | m | 37 | 37 | M | 10 | 10 | 2005 | 46:44 | 46:40 | 4:39,9 | 415 |
| 45 | Hammann, Patrick | *Riedstadt | m | 38 | 39 | M30 | 6 | 6 | 1990 | 46:45 | 46:43 | 4:40,2 | 295 |
| 46 | Biedermann, Klaus | FMF Bessungen | m | 39 | 38 | M50 | 4 | 4 | 1969 | 46:47 | 46:42 | 4:40,1 | 816 |
| 47 | Öztürk, Aslan | TuS Griesheim | m | 40 | 40 | M35 | 5 | 5 | 1984 | 46:53 | 46:51 | 4:41,0 | 790 |
| 48 | Sivadasan, Sreemohan | *Mannheim | m | 41 | 41 | M35 | 6 | 6 | 1985 | 47:03 | 46:59 | 4:41,8 | 391 |
| 49 | Köhl, Vincent | Feuerwehr Gernsheim | m | 42 | 42 | M | 11 | 11 | 2002 | 47:07 | 46:59 | 4:41,8 | 335 |
| 50 | Skakuj, Marek | *Griesheim | m | 43 | 45 | M45 | 6 | 6 | 1977 | 47:10 | 47:07 | 4:42,6 | 413 |
| 51 | Leyenaar, Nick | SV Concordia Gernsheim | m | 44 | 44 | M | 12 | 12 | 2000 | 47:11 | 47:07 | 4:42,6 | 420 |
| 52 | Linert, Tim | SV Concordia Gernsheim | m | 45 | 43 | M30 | 7 | 7 | 1993 | 47:11 | 47:05 | 4:42,4 | 422 |
| 53 | Keil, Bodo | DIE BRILLE Gernsheim H3 | m | 46 | 46 | M55 | 4 | 4 | 1968 | 47:26 | 47:21 | 4:44,0 | 317 |
| 54 | Krämer, Daniel | Die Schöne und das Biest | m | 47 | 47 | M35 | 7 | 7 | 1987 | 47:28 | 47:21 | 4:44,0 | 338 |
| 55 | Kramaiz, Andreas | *Bad Kreuznach | m | 48 | 48 | M45 | 7 | 7 | 1975 | 47:39 | 47:37 | 4:45,6 | 861 |
| 56 | Pommeranz, Jörg | TSV Goddelau | m | 49 | 49 | M60 | 3 | 3 | 1962 | 47:42 | 47:38 | 4:45,7 | 788 |
| 57 | Massini, Eduard | Fiege Worms | m | 50 | 50 | M50 | 5 | 5 | 1972 | 47:42 | 47:41 | 4:46,0 | 351 |
| 58 | Ahrens, Gerd | BSG Merck | m | 51 | 51 | M55 | 5 | 5 | 1968 | 47:44 | 47:42 | 4:46,1 | 448 |
| 59 | Wagner, Udo | *Frankfurt | m | 52 | 52 | M50 | 6 | 6 | 1971 | 47:49 | 47:46 | 4:46,5 | 783 |
| 60 | Weiser, Kevin | Slow and Happy | m | 53 | 53 | M30 | 8 | 8 | 1992 | 47:59 | 47:56 | 4:47,5 | 399 |
| 61 | Göttlicher, Kai | *Biebesheim | m | 54 | 54 | M40 | 6 | 6 | 1982 | 48:00 | 47:57 | 4:47,6 | 744 |
| 62 | Oceguera, Michael | *Rüsselsheim | m | 55 | 55 | M50 | 7 | 7 | 1969 | 48:05 | 48:02 | 4:48,1 | 411 |
| 63 | Raiß, Felix | Laufftreff Leeheim | m | 56 | 57 | M40 | 7 | 7 | 1981 | 48:11 | 48:09 | 4:48,8 | 368 |
| 64 | Rothenstein, Simon | SV Concordia Gernsheim | m | 57 | 56 | M | 13 | 13 | 1996 | 48:14 | 48:07 | 4:48,6 | 423 |
| 65 | Weickert, Uwe | *Bad Rappenau | m | 58 | 58 | M55 | 6 | 6 | 1966 | 48:22 | 48:19 | 4:49,8 | 793 |
| 66 | Geile, Rene | BSG Merck | m | 59 | 59 | M45 | 8 | 8 | 1977 | 48:29 | 48:24 | 4:50,3 | 291 |
| 67 | Freidel, Christian | algemarin Team SV Traisa | m | 60 | 60 | M50 | 8 | 8 | 1970 | 48:29 | 48:25 | 4:50,4 | 286 |



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|------|-----------------------|------------------------------------|-----|---------------|--------------|-----|--------------|-------------|------|--------|--------|--------|----------|
| 68 | Zimmermann, Kevin | Slow and Happy | m | 61 | 61 | M | 14 | 14 | 1997 | 48:33 | 48:30 | 4:50,9 | 404 |
| 69 | Tullo, Martin | Stickcity-Runners | m | 62 | 63 | M50 | 9 | 9 | 1969 | 48:47 | 48:45 | 4:52,4 | 408 |
| 70 | von der Grün, Klaus | TG Schwanheim | m | 63 | 62 | M60 | 4 | 4 | 1959 | 48:56 | 48:44 | 4:52,3 | 836 |
| 71 | Dick, Timo | *Haibach | m | 64 | 64 | M45 | 9 | 9 | 1974 | 49:01 | 48:56 | 4:53,5 | 616 |
| 72 | Holderied, Stefan | *Dornburg | m | 65 | 65 | M40 | 8 | 8 | 1979 | 49:04 | 49:01 | 4:54,0 | 813 |
| 73 | Reeg, Alexandra | SC Güttersbach | w | 8 | 8 | W45 | 1 | 1 | 1977 | 49:06 | 49:02 | 4:54,1 | 370 |
| 74 | Hasler, Max | *Gernsheim | m | 66 | 67 | M30 | 9 | 9 | 1990 | 49:11 | 49:09 | 4:54,8 | 297 |
| 75 | Przibilla, Stephan | Die Schöne und das Biest | m | 67 | 68 | M40 | 9 | 9 | 1982 | 49:18 | 49:11 | 4:55,0 | 367 |
| 76 | Schneider, Tim | *Dresden | m | 68 | 69 | M35 | 8 | 8 | 1988 | 49:21 | 49:20 | 4:55,9 | 384 |
| 77 | Schmitt, Michael | Laetus Running Team | m | 69 | 66 | M45 | 10 | 10 | 1978 | 49:21 | 49:05 | 4:54,4 | 382 |
| 78 | Fath, Wolfgang | *Frankfurt am Main | m | 70 | 70 | M55 | 7 | 7 | 1967 | 49:28 | 49:24 | 4:56,3 | 741 |
| 79 | La Manna, Filippo | *Pfungstadt | m | 71 | 71 | M45 | 11 | 11 | 1974 | 49:31 | 49:29 | 4:56,8 | 345 |
| 80 | Hitzel, Günter | *Rödermark | m | 72 | 72 | M70 | 1 | 1 | 1951 | 49:52 | 49:48 | 4:58,7 | 325 |
| 81 | Raust, Jacques | Grappa vor dem Lauf | m | 73 | 74 | M40 | 10 | 11 | 1980 | 50:03 | 49:58 | 4:59,7 | 854 |
| 82 | Rausch, Oliver | Hannah Montana Racing Team | m | 74 | 73 | M40 | 11 | 10 | 1979 | 50:04 | 49:56 | 4:59,5 | 442 |
| 83 | Burkhardt, Werner | LT Rheinhessen-Pfalz | m | 75 | 75 | M65 | 1 | 1 | 1956 | 50:10 | 50:09 | 5:00,8 | 599 |
| 84 | Lenz, Beata | Lauffreunde Naheland Bad Kreuznach | w | 9 | 9 | W45 | 2 | 2 | 1977 | 50:13 | 50:11 | 5:01,0 | 802 |
| 85 | Dietl, Vinzent Medard | *Leinfelden | m | 76 | 76 | M | 15 | 15 | 2002 | 50:20 | 50:15 | 5:01,4 | 814 |
| 86 | Balaban, Soner | SV Concordia Gernsheim | m | 77 | 77 | M | 16 | 16 | 1996 | 50:29 | 50:23 | 5:02,2 | 436 |
| 87 | Germann, Holger | Body Culture | m | 78 | 78 | M45 | 12 | 12 | 1978 | 50:31 | 50:28 | 5:02,7 | 293 |
| 88 | Brunko, Jessica | SKG Erfelden | w | 10 | 10 | W35 | 3 | 3 | 1986 | 50:38 | 50:35 | 5:03,4 | 188 |
| 89 | Eckerich, Jens | Grappa vor dem Lauf | m | 79 | 79 | M45 | 13 | 13 | 1977 | 50:44 | 50:41 | 5:04,0 | 283 |
| 90 | Schneider, Rolf | *Gernsheim | m | 80 | 80 | M45 | 14 | 14 | 1975 | 51:07 | 50:59 | 5:05,8 | 860 |
| 91 | Swarowsky, Egon | LT Rheinhessen-Pfalz | m | 81 | 81 | M70 | 2 | 2 | 1953 | 51:09 | 51:05 | 5:06,4 | 446 |
| 92 | Knöbel, Gregor | *Biebesheim | m | 82 | 83 | M40 | 12 | 12 | 1979 | 51:14 | 51:10 | 5:06,9 | 785 |
| 93 | Huber, Christian | KSV Klein-Rohrheim | m | 83 | 82 | M55 | 8 | 8 | 1967 | 51:20 | 51:09 | 5:06,8 | 190 |
| 94 | Esser, Mario | Team Oli | m | 84 | 84 | M45 | 15 | 15 | 1976 | 51:30 | 51:23 | 5:08,2 | 441 |
| 95 | Elsner, Lars | *Darmstadt | m | 85 | 85 | M30 | 10 | 10 | 1989 | 51:44 | 51:37 | 5:09,6 | 450 |
| 96 | Caspari, Sandra | *Darmstadt | w | 11 | 11 | W45 | 3 | 3 | 1974 | 51:58 | 51:54 | 5:11,3 | 212 |
| 97 | Niemas, Michael | TVB Biebesheim - Lauftreff | m | 86 | 87 | M40 | 13 | 13 | 1983 | 52:07 | 52:05 | 5:12,4 | 645 |
| 98 | Rettig, Jan | Gernsheim for Life! | m | 87 | 86 | M | 17 | 17 | 1997 | 52:07 | 51:52 | 5:11,1 | 373 |
| 99 | Schneider, Björn | LG MuLi | m | 88 | 88 | M40 | 14 | 14 | 1979 | 52:16 | 52:08 | 5:12,7 | 412 |
| 100 | Pommeranz, Jonas | TSV Goddelau | m | 89 | 89 | M | 18 | 18 | 1995 | 52:21 | 52:16 | 5:13,5 | 365 |
| 101 | Reichmann, Tim | Feuerwehr Gernsheim | m | 90 | 90 | M | 19 | 19 | 2002 | 52:26 | 52:17 | 5:13,6 | 371 |



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|------|--------------------|-------------------------|-----|---------------|--------------|-----|--------------|-------------|------|--------|--------|--------|----------|
| 102 | Wertmann, Tim | SV Concordia Gernsheim | m | 91 | 91 | M | 20 | 20 | 2004 | 52:39 | 52:32 | 5:15,1 | 437 |
| 103 | Gerlach, Matthias | SC Güttersbach | m | 92 | 93 | M55 | 9 | 9 | 1964 | 52:41 | 52:36 | 5:15,5 | 292 |
| 104 | Bouanani, Sabri | *Gernsheim | m | 93 | 96 | M40 | 15 | 17 | 1983 | 52:44 | 52:42 | 5:16,1 | 179 |
| 105 | Davis, Nathan | SV Concordia Gernsheim | m | 94 | 94 | M | 21 | 21 | 1998 | 52:45 | 52:37 | 5:15,6 | 426 |
| 106 | Zorgani, Ghassen | BSG Merck | m | 95 | 92 | M40 | 16 | 15 | 1982 | 52:48 | 52:34 | 5:15,3 | 406 |
| 107 | Klump, Benjamin | BSG Merck | m | 96 | 95 | M40 | 17 | 16 | 1982 | 52:50 | 52:41 | 5:16,0 | 333 |
| 108 | Häfner, Christina | TV Waldstraße Wiesbaden | w | 12 | 12 | W35 | 4 | 4 | 1985 | 53:01 | 52:53 | 5:17,2 | 627 |
| 109 | Petri, Wolfgang | BSG Merck | m | 97 | 97 | M60 | 5 | 5 | 1960 | 53:01 | 52:52 | 5:17,1 | 743 |
| 110 | Michal, Pietrynik | *Bad-Soden | m | 98 | 98 | M30 | 11 | 11 | 1993 | 53:02 | 53:01 | 5:18,0 | 844 |
| 111 | Sellner, Gottfried | Altrheinläufer | m | 99 | 99 | M55 | 10 | 10 | 1966 | 53:12 | 53:08 | 5:18,7 | 443 |
| 112 | Teuber, Cedric | SV Concordia Gernsheim | m | 100 | 100 | M | 22 | 22 | 1999 | 53:19 | 53:12 | 5:19,1 | 428 |
| 113 | Schön, Tamara | *Mainz | w | 13 | 13 | W | 4 | 4 | 2000 | 53:41 | 53:36 | 5:21,5 | 387 |
| 114 | Zimmermann, Martin | BSG Merck | m | 101 | 101 | M50 | 10 | 10 | 1969 | 53:42 | 53:32 | 5:21,1 | 405 |
| 115 | Bickhardt, Sigrid | Rheinheiner Lilien | w | 14 | 14 | W55 | 2 | 2 | 1967 | 53:43 | 53:39 | 5:21,8 | 625 |
| 116 | Schuster, Kevin | SV Concordia Gernsheim | m | 102 | 103 | M | 23 | 24 | 2000 | 53:50 | 53:44 | 5:22,3 | 427 |
| 117 | Hofmann, Sven | WG Runners | m | 103 | 102 | M | 24 | 23 | 1994 | 53:51 | 53:37 | 5:21,6 | 867 |
| 118 | Konrad, Christoph | *Rodgau | m | 104 | 104 | M35 | 9 | 9 | 1984 | 53:53 | 53:48 | 5:22,7 | 742 |
| 119 | Moor, Jonas | *Gernsheim | m | 105 | 105 | M | 25 | 25 | 2008 | 54:19 | 54:14 | 5:25,3 | 353 |
| 120 | Jahn, Andreas | BSG Merck | m | 106 | 106 | M50 | 11 | 11 | 1973 | 54:29 | 54:25 | 5:26,4 | 329 |
| 121 | Jacob, Fabian | SV Concordia Gernsheim | m | 107 | 112 | M | 26 | 26 | 1997 | 54:34 | 54:29 | 5:26,8 | 419 |
| 122 | Nigro, Giacomo | Espresso Ferrarese | m | 108 | 107 | M50 | 12 | 12 | 1972 | 54:35 | 54:25 | 5:26,4 | 360 |
| 123 | Illig, Bernd | KSV Klein-Rohrheim | m | 109 | 108 | M60 | 6 | 6 | 1963 | 54:37 | 54:25 | 5:26,4 | 328 |
| 124 | Herbert, Manfred | KSV Klein-Rohrheim | m | 110 | 109 | M50 | 13 | 13 | 1970 | 54:37 | 54:25 | 5:26,4 | 323 |
| 125 | Meyer, Michael | KSV Klein-Rohrheim | m | 111 | 110 | M55 | 11 | 11 | 1968 | 54:37 | 54:26 | 5:26,5 | 352 |
| 126 | Serba, Thorsten | WechselZone Wiesbaden | m | 112 | 111 | M50 | 14 | 14 | 1972 | 54:40 | 54:26 | 5:26,5 | 390 |
| 127 | Thong, Markus | DIE BRILLE Gernsheim H4 | m | 113 | 113 | M40 | 18 | 18 | 1982 | 54:50 | 54:33 | 5:27,2 | 321 |
| 128 | Bader, Lucas | *Gernsheim | m | 114 | 114 | M30 | 12 | 12 | 1992 | 54:56 | 54:43 | 5:28,2 | 64 |
| 129 | Jung, Susanne | *Riedstadt | w | 15 | 15 | W40 | 1 | 1 | 1982 | 54:58 | 54:41 | 5:28,0 | 330 |
| 130 | Ulrich, Rainer | TV Neu-Isenburg | m | 115 | 116 | M70 | 3 | 3 | 1952 | 55:01 | 54:58 | 5:29,7 | 445 |
| 131 | Leibkühler, Marta | BSG Merck | w | 16 | 16 | W45 | 4 | 4 | 1975 | 55:02 | 54:56 | 5:29,5 | 347 |
| 132 | Leibkühler, Volker | BSG Merck | m | 116 | 115 | M50 | 15 | 15 | 1970 | 55:02 | 54:56 | 5:29,5 | 348 |
| 133 | Schneider, Simon | SV Concordia Gernsheim | m | 117 | 118 | M | 27 | 27 | 2005 | 55:06 | 55:01 | 5:30,0 | 414 |
| 134 | Kreisel, Alexander | Feuerwehr Gernsheim | m | 118 | 117 | M40 | 19 | 19 | 1980 | 55:10 | 55:00 | 5:29,9 | 339 |
| 135 | Nauhaus, Manfred | DIE BRILLE Gernsheim H1 | m | 119 | 119 | M30 | 13 | 13 | 1991 | 55:27 | 55:14 | 5:31,3 | 312 |

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|------|-----------------------|-------------------------|-----|---------------|--------------|-----|--------------|-------------|------|--------|--------|--------|----------|
| 136 | Stude, Stefan | DIE BRILLE Gernsheim H2 | m | 120 | 120 | M45 | 16 | 16 | 1976 | 55:37 | 55:28 | 5:32,7 | 315 |
| 137 | Ruehl, Charlotte | *München | w | 17 | 17 | W30 | 2 | 2 | 1991 | 55:57 | 55:50 | 5:34,9 | 617 |
| 138 | Hegeler, Jane | DIE BRILLE Gernsheim D1 | w | 18 | 18 | W45 | 5 | 5 | 1978 | 56:01 | 55:52 | 5:35,1 | 302 |
| 139 | Stojanovic, Maja-Vida | "Biebesheim läuft " | w | 19 | 19 | W | 5 | 5 | 2008 | 56:12 | 56:06 | 5:36,5 | 610 |
| 140 | Stojanovic, Gabriela | "Biebesheim läuft " | w | 20 | 20 | W40 | 2 | 2 | 1983 | 56:12 | 56:06 | 5:36,5 | 609 |
| 141 | Baum, Felix | Grillinger e.V. | m | 121 | 121 | M | 28 | 28 | 1998 | 56:18 | 56:06 | 5:36,5 | 65 |
| 142 | Böcking, Holger | DIE BRILLE Gernsheim H4 | m | 122 | 122 | M55 | 12 | 12 | 1967 | 56:23 | 56:13 | 5:37,2 | 319 |
| 143 | Uhl, Ines | Lauftreff Leeheim | w | 21 | 21 | W40 | 3 | 3 | 1981 | 56:32 | 56:26 | 5:38,5 | 856 |
| 144 | Will, Thomas | Kreis GG | m | 123 | 123 | M60 | 7 | 7 | 1959 | 56:38 | 56:30 | 5:38,9 | 400 |
| 145 | Lindner, Elena | SV Concordia Gernsheim | w | 22 | 22 | W | 6 | 6 | 2000 | 56:45 | 56:40 | 5:39,9 | 823 |
| 146 | Hofmann, Patric | Grillinger e.V. | m | 124 | 124 | M | 29 | 29 | 1998 | 56:55 | 56:43 | 5:40,2 | 326 |
| 147 | Kreuz, Julian | *Hofheim | m | 125 | 125 | M35 | 10 | 10 | 1986 | 57:02 | 56:47 | 5:40,6 | 340 |
| 148 | Kaltwasser, Daniel | Läuferherz Darmstadt | m | 126 | 126 | M45 | 17 | 17 | 1977 | 57:04 | 56:52 | 5:41,1 | 840 |
| 149 | Pfleger, Jürgen | DIE BRILLE Gernsheim H3 | m | 127 | 128 | M55 | 13 | 13 | 1965 | 57:10 | 57:03 | 5:42,2 | 318 |
| 150 | Rösler, Isabel | *Stuttgart | w | 23 | 23 | W45 | 6 | 6 | 1975 | 57:12 | 57:08 | 5:42,7 | 447 |
| 151 | Wendel, Udo | SV 1910 Gau-Algesheim | m | 128 | 129 | M75 | 1 | 1 | 1944 | 57:12 | 57:07 | 5:42,6 | 650 |
| 152 | Bock, Peter | *Groß-Rohrheim | m | 129 | 127 | M | 30 | 30 | 1994 | 57:17 | 56:59 | 5:41,8 | 805 |
| 153 | Niebel, Michael | *Stockstadt am Rhein | m | 130 | 132 | M50 | 16 | 16 | 1969 | 57:21 | 57:16 | 5:43,5 | 449 |
| 154 | Müller, Moritz | *Darmstadt | m | 131 | 130 | M | 31 | 31 | 1997 | 57:23 | 57:07 | 5:42,6 | 356 |
| 155 | Stomberg, Gösta | SK 1980 Gernsheim | m | 132 | 131 | M | 32 | 32 | 1995 | 57:28 | 57:10 | 5:42,9 | 407 |
| 156 | Staab, Jasmin | *Biebesheim | w | 24 | 24 | W35 | 5 | 5 | 1984 | 57:37 | 57:26 | 5:44,5 | 393 |
| 157 | Lang, Michael | *Riedstadt | m | 133 | 134 | M40 | 20 | 20 | 1981 | 57:46 | 57:36 | 5:45,5 | 792 |
| 158 | Lord, Konrad | *Gernsheim | m | 134 | 133 | M55 | 14 | 14 | 1965 | 57:52 | 57:36 | 5:45,5 | 745 |
| 159 | Adler, Sven | *Darmstadt | m | 135 | 135 | M40 | 21 | 21 | 1980 | 58:17 | 58:06 | 5:48,5 | 47 |
| 160 | Scholtz, Felix | Grillinger e.V. | m | 136 | 136 | M | 33 | 33 | 1999 | 58:20 | 58:08 | 5:48,7 | 386 |
| 161 | Kautzmann, Tobias | SV Concordia Gernsheim | m | 137 | 137 | M | 34 | 34 | 2001 | 58:25 | 58:13 | 5:49,2 | 438 |
| 162 | Röblitz, Uwe | LG BEC | m | 138 | 138 | M55 | 15 | 15 | 1964 | 58:31 | 58:18 | 5:49,7 | 377 |
| 163 | Gantner, Björn | *Stockstadt | m | 139 | 139 | M45 | 18 | 18 | 1977 | 58:46 | 58:34 | 5:51,3 | 289 |
| 164 | Knöbel, Barbara | *Gernsheim | w | 25 | 25 | W40 | 4 | 4 | 1982 | 59:01 | 58:56 | 5:53,5 | 644 |
| 165 | Preusch, Florian | BSG Merck | m | 140 | 140 | M35 | 11 | 11 | 1988 | 59:02 | 58:55 | 5:53,4 | 615 |
| 166 | Nowak, Wolfgang | TG Biblis - Lauftreff | m | 141 | 142 | M65 | 2 | 2 | 1958 | 59:05 | 58:56 | 5:53,5 | 361 |
| 167 | Felsmann, Erik | SV Concordia Gernsheim | m | 142 | 141 | M | 35 | 35 | 2001 | 59:07 | 58:56 | 5:53,5 | 429 |
| 168 | Belz, Gerrit | *Trebur | m | 143 | 143 | M | 36 | 36 | 1996 | 59:25 | 59:09 | 5:54,8 | 106 |
| 169 | Baumgartner, Josef | *Gernsheim | m | 144 | 144 | M40 | 22 | 22 | 1981 | 59:30 | 59:20 | 5:55,9 | 801 |

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| Rang | Name | Verein/Team/*Ort | m/w | m/w P. Brutto | m/w P. Netto | AK | AK P. Brutto | AK P. Netto | Jg. | Zeit-B | Zeit-N | min/km | Startnr. |
|------|-----------------------|-------------------------------|-----|---------------|--------------|-----|--------------|-------------|------|---------|---------|--------|----------|
| 170 | Morlang, Alexander | PapaSchlumpf | m | 145 | 147 | M35 | 12 | 12 | 1984 | 59:38 | 59:35 | 5:57,4 | 354 |
| 171 | Adams, Christoph | Feuerwehr Gernsheim | m | 146 | 145 | M | 37 | 37 | 1999 | 59:48 | 59:32 | 5:57,1 | 21 |
| 172 | Bornhofen, Tobias | Feuerwehr Gernsheim | m | 147 | 146 | M40 | 23 | 23 | 1981 | 59:48 | 59:32 | 5:57,1 | 140 |
| 173 | Moos, Dennis | SV Concordia Gernsheim | m | 148 | 148 | M35 | 13 | 13 | 1984 | 59:52 | 59:44 | 5:58,3 | 418 |
| 174 | Neidecker, Konstantin | SV Concordia Gernsheim | m | 149 | 149 | M | 38 | 38 | 2000 | 59:58 | 59:51 | 5:59,0 | 425 |
| 175 | Haitzenböller, Thomas | DIE BRILLE Gernsheim H1 | m | 150 | 150 | M70 | 4 | 4 | 1953 | 1:00:35 | 1:00:34 | 6:03,3 | 310 |
| 176 | Brötzmann, Karl-Ernst | *Mainz | m | 151 | 151 | M65 | 3 | 3 | 1957 | 1:00:53 | 1:00:39 | 6:03,8 | 180 |
| 177 | Kremser, Christel | DIE BRILLE Gernsheim D2 | w | 26 | 26 | W65 | 1 | 1 | 1956 | 1:01:00 | 1:00:52 | 6:05,1 | 305 |
| 178 | Fricke, Babatunde | Ruft bitte nur "Atani" aus | m | 152 | 152 | M30 | 14 | 14 | 1991 | 1:01:02 | 1:00:51 | 6:05,0 | 288 |
| 179 | Kimmel, Michael | LG Heine-Park Dreieich | m | 153 | 153 | M60 | 8 | 8 | 1961 | 1:01:20 | 1:01:04 | 6:06,3 | 332 |
| 180 | Schell, Thomas | Biebesheim läuft ... | m | 154 | 154 | M45 | 19 | 19 | 1974 | 1:01:39 | 1:01:33 | 6:09,2 | 646 |
| 181 | Brunko, Marcus | SKG Erfelden | m | 155 | 155 | M35 | 14 | 14 | 1984 | 1:01:40 | 1:01:37 | 6:09,6 | 202 |
| 182 | Dreiß, Anja | DIE BRILLE Gernsheim D2 | w | 27 | 27 | W50 | 1 | 1 | 1973 | 1:01:47 | 1:01:38 | 6:09,7 | 304 |
| 183 | Crößmann, Timo | DIE MACHT VON BIEBESHEIM | m | 156 | 156 | M30 | 15 | 15 | 1989 | 1:02:44 | 1:02:41 | 6:16,0 | 794 |
| 184 | Schmitt, Carina | Team Melibokus | w | 28 | 28 | W45 | 7 | 7 | 1977 | 1:02:52 | 1:02:46 | 6:16,5 | 381 |
| 185 | Lord, Max | *Gernsheim | m | 157 | 157 | M | 39 | 39 | 1998 | 1:03:02 | 1:02:46 | 6:16,5 | 821 |
| 186 | Gantner, Patrick | Grillinger e.V. | m | 158 | 158 | M | 40 | 40 | 1998 | 1:03:02 | 1:02:50 | 6:16,9 | 290 |
| 187 | Gärtner, Janina | Running Bratwürste | w | 29 | 29 | W | 7 | 7 | 1994 | 1:03:21 | 1:03:12 | 6:19,1 | 614 |
| 188 | Altmann, Kassiopeia | Running Bratwürste | w | 30 | 30 | W | 8 | 8 | 1995 | 1:03:22 | 1:03:13 | 6:19,2 | 612 |
| 189 | Reinke, Leonie | Running Bratwürste | w | 31 | 31 | W | 9 | 9 | 1995 | 1:03:23 | 1:03:14 | 6:19,3 | 613 |
| 190 | Pfleger, Chiara | DIE BRILLE Gernsheim D2 | w | 32 | 32 | W | 10 | 10 | 1996 | 1:03:57 | 1:03:45 | 6:22,4 | 306 |
| 191 | Espinosa, Angela | Team Melibokus | w | 33 | 33 | W40 | 5 | 5 | 1982 | 1:04:17 | 1:04:05 | 6:24,4 | 284 |
| 192 | Ziebart, Simone | Ganzheitliche Massage Ziebart | w | 34 | 34 | W55 | 3 | 3 | 1964 | 1:04:30 | 1:04:19 | 6:25,8 | 403 |
| 193 | Piscopio, Marco | Team Worscht | m | 159 | 159 | M35 | 15 | 15 | 1984 | 1:04:35 | 1:04:20 | 6:25,9 | 364 |
| 194 | Schanz, Günter | *Egelsbach | m | 160 | 160 | M60 | 9 | 9 | 1960 | 1:04:41 | 1:04:24 | 6:26,3 | 795 |
| 195 | Thyrauer, Robin | Grillinger e.V. | m | 161 | 161 | M | 41 | 41 | 1998 | 1:04:45 | 1:04:33 | 6:27,2 | 395 |
| 196 | Tragesser, Jens | Team Erdinger Alkoholfrei | m | 162 | 162 | M50 | 17 | 17 | 1972 | 1:04:54 | 1:04:41 | 6:28,0 | 396 |
| 197 | Körner, Stefanie | DIE BRILLE Gernsheim D3 | w | 35 | 35 | W35 | 6 | 6 | 1987 | 1:04:55 | 1:04:45 | 6:28,4 | 309 |
| 198 | Eller, Daniel | DIE BRILLE Gernsheim H4 | m | 163 | 163 | M35 | 16 | 16 | 1986 | 1:05:01 | 1:04:43 | 6:28,2 | 320 |
| 199 | Kallenborn, Annika | DIE BRILLE Gernsheim D3 | w | 36 | 36 | W30 | 3 | 3 | 1993 | 1:05:08 | 1:04:53 | 6:29,2 | 308 |
| 200 | Pojezny, Nikolas | *Oberursel | m | 164 | 164 | M45 | 20 | 20 | 1977 | 1:05:09 | 1:05:01 | 6:30,0 | 747 |
| 201 | Burger, Johannes | SV Concordia Gernsheim | m | 165 | 165 | M | 42 | 42 | 2005 | 1:05:14 | 1:05:08 | 6:30,7 | 416 |
| 202 | Fechter, Marvin | TecFox | m | 166 | 166 | M | 43 | 43 | 2003 | 1:05:14 | 1:05:12 | 6:31,1 | 643 |
| 203 | Senn, Linus | TecFox | m | 167 | 167 | M | 44 | 44 | 2005 | 1:05:25 | 1:05:23 | 6:32,2 | 642 |



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| Rang | Name | Verein/Team/*Ort | m/w | m/w P. Brutto | m/w P. Netto | AK | AK P. Brutto | AK P. Netto | Jg. | Zeit-B | Zeit-N | min/km | Startnr. |
|------|---------------------------|-------------------------|-----|---------------|--------------|-----|--------------|-------------|------|---------|---------|--------|----------|
| 204 | Leikauf, Simone | Team Melibokus | w | 37 | 37 | W40 | 6 | 6 | 1983 | 1:05:26 | 1:05:13 | 6:31,2 | 349 |
| 205 | Wondrak, Steffen | *Gernsheim | m | 168 | 168 | M35 | 17 | 17 | 1985 | 1:06:01 | 1:05:46 | 6:34,5 | 618 |
| 206 | Pojezny, Carolin | *Oberursel | w | 38 | 38 | W40 | 7 | 7 | 1979 | 1:06:45 | 1:06:37 | 6:39,6 | 746 |
| 207 | Neumann, Leo | SV Concordia Gernsheim | m | 169 | 169 | M | 45 | 45 | 2002 | 1:07:22 | 1:07:15 | 6:43,4 | 432 |
| 208 | Kroeschell, Barbara | *Gernsheim | w | 39 | 39 | W35 | 7 | 7 | 1984 | 1:08:20 | 1:08:09 | 6:48,8 | 342 |
| 209 | Heppert, Linda | KsK | w | 40 | 40 | W35 | 8 | 8 | 1984 | 1:08:28 | 1:08:22 | 6:50,1 | 603 |
| 210 | Schwarz-Heiderich, Elvira | *Bickenbach | w | 41 | 41 | W60 | 1 | 1 | 1960 | 1:09:07 | 1:08:57 | 6:53,6 | 389 |
| 211 | Haßlöcher, Reinhold | TUS Gerolsheim | m | 170 | 170 | M70 | 5 | 5 | 1949 | 1:09:22 | 1:09:09 | 6:54,8 | 298 |
| 212 | Germann, Annette | DIE BRILLE Gernsheim D3 | w | 42 | 42 | W55 | 4 | 4 | 1968 | 1:09:31 | 1:09:18 | 6:55,7 | 307 |
| 213 | Erbach, Maria | DIE BRILLE Gernsheim D1 | w | 43 | 43 | W50 | 2 | 2 | 1969 | 1:09:49 | 1:09:35 | 6:57,4 | 301 |
| 214 | Freidel, Edgar | TG Tria Rüsselsheim | m | 171 | 171 | M75 | 2 | 2 | 1944 | 1:10:43 | 1:10:28 | 7:02,7 | 287 |
| 215 | Hennig, Petra | Gazelle Hirschberg | w | 44 | 44 | W65 | 2 | 2 | 1956 | 1:14:29 | 1:14:18 | 7:25,7 | 602 |
| 216 | Euting, Christian | WG Runners | m | 172 | 172 | M35 | 18 | 18 | 1986 | 1:15:42 | 1:15:28 | 7:32,7 | 864 |
| 217 | Wachter, Steffen | WG Runners | m | 173 | 173 | M35 | 19 | 19 | 1986 | 1:17:13 | 1:16:59 | 7:41,8 | 866 |
| 218 | Limberg, Oliver | TV Biebesheim Abt. JUDO | m | 174 | 174 | M55 | 16 | 16 | 1964 | 1:17:14 | 1:17:09 | 7:42,8 | 837 |
| 219 | Habich, Gert | *Heppenheim | m | 175 | 175 | M60 | 10 | 10 | 1960 | 1:19:13 | 1:18:59 | 7:53,8 | 409 |
| 220 | Kube, Leon | TV Crumstadt | m | 176 | 176 | M | 46 | 46 | 2006 | 1:22:03 | 1:21:50 | 8:10,9 | 344 |
| 221 | Renner, Gerhard | *Stockstadt amRhein | m | 177 | 177 | M60 | 11 | 11 | 1960 | 1:22:08 | 1:21:55 | 8:11,4 | 372 |
| 222 | Kube, Bernd | TV Crumstadt | m | 178 | 178 | M40 | 24 | 24 | 1980 | 1:22:08 | 1:21:55 | 8:11,4 | 343 |
| 223 | Zahn, Thorsten | Laufende Schneckenpost | m | 179 | 179 | M60 | 12 | 12 | 1962 | 1:32:31 | 1:32:14 | 9:13,3 | 402 |
| 224 | Höll, Leslie | Laufende Schneckenpost | w | 45 | 45 | W50 | 3 | 3 | 1973 | 1:32:35 | 1:32:18 | 9:13,7 | 327 |

Anzahl Teilnehmer: 224

